

Methodology of Movement and Sports Activities (D012999)

Due to Covid 19, the education and evaluation methods may vary from the information displayed in the schedules and course details. Any changes will be communicated on Ufora.

Course size	<i>(nominal values; actual values may depend on programme)</i>		
Credits 3.0	Study time 90 h	Contact hrs	50.0 h

Course offerings and teaching methods in academic year 2020-2021

A (year)	Dutch	Gent		
			guided self-study	1.25 h
			seminar: coached exercises	1.25 h
			microteaching	36.25 h
			lecture	10.0 h
			self-reliant study activities	1.25 h

Lecturers in academic year 2020-2021

Devriendt, Mieke	GE30	staff member
Du Pan, Tom	GE30	staff member
Roelandt, Filip	GE30	staff member
Van Den Abbeele, Cindy	GE30	staff member
Van de Velde, Dirk	GE30	staff member
De Cocker, Katrien	GE30	lecturer-in-charge
Haerens, Leen	GE30	co-lecturer

Offered in the following programmes in 2020-2021

	crdts	offering
Bachelor of Science in Physical Education and Movement Sciences	3	A

Teaching languages

Dutch

Keywords

Methods of swimming (basic aquatics) , track and field, gymnastics (acrogyrn), dance.

Position of the course

This course handles the methods and teaching trajectories for swimming, track and field gymnastics and dance. After learning skills at the own level in the different sports (Individual and Artistic movement activities I, II), students learn the methodical principles of these sports through microteaching. In this sense the course builds further on some competences of movement didactics and didactical exercises. This course also handles in introduction in basic aquatics and acrobatic gymnastics.

Contents

Methodical teaching principles of swimming, track and field, gymnastics and dance

Initial competences

This course builds on some final competencies of individual and artistic movement activities I and II and movement didactics and didactical exercises.

Final competences

1 This course contributes to the program specific learning results of the bachelor in physical education and movement sciences through the realization of the following attainment goals:

Applying and assessing key concepts and methods of the individual and artistic movement activities in guided microteaching situations, inspired by the newest didactical-methodical developments

- 2 Integrating key concepts and methods of the individual and artistic movement activities when designing learning activities that are inspired by contemporary didactical and methodical developments
- 3 Applying components of didactical approaches in a guided microteaching situation in individual and artistic movement activities
- 4 Implementing elementary and advanced individual and artistic movement competencies when teaching other students through guided microteaching
- 5 Applying principles of safe and responsible engagement in movement and sport in a guided microteaching setting
- 6 Realizing creative individual or group solutions for didactical or methodical problems in individual and artistic movement activities by taking on the roles of teacher, learner, observer and provider of feedback in a microteaching setting
- 7 Critically reflecting on components of one own's didactical and methodical approaches and actions and those of other students, and adjusting own's didactical approaches and actions accordingly
- 8 Leading and applying communication and coaching techniques in a guided microteaching setting

Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Guided self-study, group work, lecture, microteaching, self-reliant study activities, seminar: coached exercises

Extra information on the teaching methods

Injured students need to be present at each lesson.

The course starts with an overarching lecture. Followed by sport specific lectures. The focus is always on the methods of teaching. During practical microteaching students fulfill the role of teacher, pupil, observer and provider of feedback.

Learning materials and price

- Filip Roelandt et al. (2014) Een leerlijn zwemmen. Safe en simple. Acco, Leuven
- De Martelaer K; Postma T, 1999, Levenslang zwemmen, Gent: PVLO, 320p. (price 25 euro, Dutch).
- Syllabi of the different sport disciplines (price per syllabus, Dutch).

References

- Haerens, L., Permentier, V., Tallir, I., Verstraete, S., Vonderlynck, V. (2017)
- Inspireren en bewegen. Aan de slag met ondersteunende rollen in de les
 - Lichamelijke Opvoeding. Acco.

Course content-related study coaching

Titularis: Prof. dr. Katrien De Cocker (Katrien.DeCocker@ugent.be)

Sportspecific.

- Atletiek: Tom Du Pan, Tom.DuPan@UGent.be
 - Gymnastiek: Cindy Van Den Abbeele, Cindy.VanDenAbbeele@UGent.be & Dirk Van de Velde, Dirk.Vandevelde@UGent.be
 - Zwemmen: Filip Roelandt, fil.roelandt@UGent.be
 - Dans: Mieke Devriendt, mieke.devriendt@UGent.be
- Possibility to contact teachers after classes.

Evaluation methods

end-of-term evaluation and continuous assessment

Examination methods in case of periodic evaluation during the first examination period

Written examination

Examination methods in case of periodic evaluation during the second examination period

Examination methods in case of permanent evaluation

Portfolio, participation

Possibilities of retake in case of permanent evaluation

examination during the second examination period is not possible

Extra information on the examination methods

PERIODICAL EVALUATION:

Theory:

Written examination where the theoretical contents of 3 sports is evaluated (track and field, gymnastics, swimming)

NON-PERIODICAL EVALUATION:

Evaluation of practice (preparation, teaching, observations and feedback) and theory (assignment and theoretical examination).

Competence portfolio where the student keeps all documents for each sport. During microteaching students are evaluated in their role as teacher, pupil, observer and provider of feedback. Detailed criteria for each of these roles are communicated during the first lesson.

Calculation of the examination mark

Special conditions:

Course:

The score on this course is the average score of five parts (four sports disciplines and reflection competences).

Sport:

The score is calculated by weighing the scores on practical (non-periodic) and theoretical tests (periodic), in which the relative weight of score on the practical part is 60% and the theoretical part concerns 40%. If students obtain a score lower than 10 on 20 on either the practical or the theoretical part, the average is not calculated, the score is reduced corresponding the highest attained score for the parts that the student failed on (e.g. 9/20).

The final score is not a mathematical average, if the student does not participate in one or more parts, was illegitimate absent in more than 20% of the practical classes, or in the case the student does not succeed one or more of the five parts (4 sports, overarching part). If the average score is higher than 10/20 in the aforementioned cases, the score is reduced corresponding the highest attained score for the parts that the student failed on (e.g. 9/20).

Concerning the practical lessons:

Attendance during practical lessons is obligated. If students do not attend practical lessons this will be sanctioned with the loss of 1 point for each missed class. If the student was illegitimate absent in more than 20% of the practical classes, the student cannot succeed for this course.

Second chance:

Second chance occurs in a modified form of examination (i.e. discussion of the reflection task) and a non-periodic evaluation that is based on students' participation in microteaching and competence based portfolio.

Addendum

This course is open for incoming mobility students (Erasmus)