Due to Covid 19, the education and evaluation methods may vary from the information displayed in the schedules and course details. Any changes will be communicated on Ufora.

Lecturers in academic year 2020-2021
- Devriendt, Mieke
  GE30 staff member
- Van Den Abbeele, Cindy
  GE30 staff member
- Van de Velde, Dirk
  GE30 staff member
- Deconinck, Frederik
  GE30 lecturer-in-charge
- Haerens, Leen
  GE25 co-lecturer

Offered in the following programmes in 2020-2021

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<th>Programme</th>
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<td>Bachelor of Science in Physical Education and Movement Sciences</td>
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<td>Exchange Programme Physical Education and Movement Sciences</td>
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Teaching languages
Dutch

Keywords
(creative) dance, gymnastics

Position of the course
This course:
- handles the basic technical skills of gymnastics and dance.
- focuses on the acquisition of technically correct performances of these skills, as well as acquiring a sense of rhythm and ‘body-perception’
- prepares the students for the methodology of gymnastics and dance in the 3e bachelor.

Contents
- Gymnastics: skills on
  - Floor
  - Balance beam (women only)
  - Vault
  - Single bar
  - Double bars
  - Pommel horde (men only)
  - Rings (men only)

- Dance:
  - Rhythmic movements and basic dance skills
  - Theoretical lesson on history of dance, rhythm, and choreography and terminology.

- To perform the movement skills in both athletics and swimming, the student is expected to maintain an adequate level of physical fitness.

Initial competences
You can download the list of prerequisites on [https://oasis.ugent.be/oasis-](https://oasis.ugent.be/oasis-)

(Approved)
Final competences

1. The student is able to perform basic and more advanced technical skills in gymnastics.
2. The student is able to perform basic and more advanced dance skills and rhythmic movements.
3. The students can analyse the movement patterns of these gymnastic and dance skills qualitatively.
4. The student move rhythmically and in an expressive manner.
5. The student can explain the history of dance, the terminolgy of creative dance, and choreographic elements.
6. The student shows perseverance to practise the skills autonomously.
7. The student can provide a peer with focused feedback on a performance.
8. The student uses the helping techniques adequately and correctly.
9. To take into account the safety regulations when playing these sports.
10. The student possesses the physical characteristics required to perform the different movements/sports.

Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Practicum

Extra information on the teaching methods

This course can be followed by incoming (exchange) students. The sessions will be in Dutch, but are easy to follow by non-native speakers due to their practical nature.

During the practical sessions the different skills and disciplines are shown and practiced. The theoretical basis of the skills and disciplines and the regulations of the sports are addressed during lectures.

Injured students are expected to be present at the practical and theoretical sessions so they don't miss essential information.

Learning materials and price

- Gymnastics:
  Unpublished syllabus (in Dutch; estimated cost: 5 euro)
- Dance:
  Unpublished syllabus (in Dutch: estimated cost: 5 euro)

References

- Van der Vloet, Rosita, Borgers, Berdien: 'Jazzdans: oude vormen, nieuwe stijlen', Sua Amsterdam, 1984, ISBN 90.6222.110.6

Course content-related study coaching

Course leader for general queries: by appointment via e-mail
Dance: Mieke Devrniendt (Mieke.Devriendt@UGent.be)
Gymnastics girls: Pascale Muylaert (Pascale.Muylaert@UGent.be)
Gymnastics boys: Dirk Van De Velde (Dirk.Vandevelde@UGent.be)
Teachers can also be contacted before and after each lesson, or after appointment.

Evaluation methods

continuous assessment

Examination methods in case of periodic evaluation during the first examination period

Examination methods in case of periodic evaluation during the second examination period

(Approved)
Examination methods in case of permanent evaluation

Written examination, participation, skills test

Possibilities of retake in case of permanent evaluation

examination during the second examination period is possible in modified form

Extra information on the examination methods

- There are a number (3 to 5) of evaluations (of techniques, performance and theory/regulations) during the academical year.
- Attendence to the practical sessions is required. Illegitimate absence in more than 20% of the practical sessions of one sport will automatically result in a FAIL for this course.

Calculation of the examination mark

**Per discipline**: the mark is calculated by weighing the marks for the practical part and the mark for the theoretical part. The relative weight of mark on the practical part (70%) is larger than for the theoretical part (30%). A mark below 9/20 on the practical part or on the theoretical part will be sanctioned at the level of the discipline.

In case of a mark < 9/20 for either the theoretical part or the practical part, both parts have to be retaken.

**Total course**: The total mark on this course is the average of the mark for gymnastics and the mark for dancing. When a student does not take part in one or more of the evaluations, or when the student is illegitimately absent in more than 20% of the practical sessions, he/she is unable to pass this course. If this is the case and if the total mark is > 10/20, the total mark will be adjusted to 9/20.

Addendum

This course is open for incoming mobility students (Erasmus). Students should have sufficient proficiency to take this course. It is not possible to take both I and II.