Course Specifications
Valid as from the academic year 2019-2020

Problem-solving Ability and Skills in Adult Psychiatry, Part 2 (D002760)

Course

Lecturers in academic year 2019-2020
- Lemmens, Gilbert
  - GE34 lecturer-in-charge
- Audenaert, Kurt
  - GE34 co-lecturer
- Vervaet, Myriam
  - GE34 co-lecturer

Offered in the following programmes in 2019-2020
- Master of Medicine in Specialist Medicine (main subject Adult Psychiatry)

Course offerings and teaching methods in academic year 2019-2020

<table>
<thead>
<tr>
<th>A (year)</th>
<th>(language of instruction unknown)</th>
<th>Seminar</th>
<th>Work placement</th>
<th>Clinic</th>
<th>Self-reliant study activities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>15.0 h</td>
<td>120.0 h</td>
<td>35.0 h</td>
<td>15.0 h</td>
</tr>
</tbody>
</table>

Course size
- Credits: 15.0
- Study time: 375 h
- Contact hrs: 185.0 h

Teaching languages
- Psychiatry, diagnosis, treatment

Position of the course
- Adult psychiatry is part of medicine which focuses on prevalence, detection and treatment of psychopathology of adults. Psychopathology refers to cognitions, emotions and behaviour, which interfere with functioning, and burden the person and his/her environment. It concerns disorders described in the diagnostic classification systems as DSM-5 and ICD-10.
- Beside the mental health care of adults with psychiatric disorders, psychiatry is an important partner in research concerning the efficacy and the effectiveness of mental healthcare of adults. In particular of research concerning aetiology, assessment, treatment, prevention and cost-effectiveness of mental healthcare interventions.
- The adult psychiatrist:
  - examines, assesses, and treats psychopathology of adults
  - advises and supports GP's and medical specialists based on the biopsychosocial model
  - advises, supports and coordinates mental health workers
  - participates in prevention and early detection of psychiatric disorders taking into account the normal development and protective and risks factors
  - stays informed of the scientific knowledge within psychiatry and applies this knowledge into practice
- Beside the psychiatric assessment, psychiatry plays an important role in the evaluation of mental healthcare, diagnostic and treatment strategies, cost-effectiveness of interventions, quality management, outcome research and new training methods

Contents
1. Content “Case Study”:
   - Cases are presented and discussed in (an interdisciplinary) team and attention is paid to urgencies and diagnostic problems. The content that will be dealt with, is related to the learning outcomes.
2. Specific training in psychotherapy

(Approved)
During the training program cases will be discussed from a therapeutic viewpoint and therapeutic skills will be acquired in order to conduct a psychotherapeutic treatment.

3. Content “Patient Care and Medical-Technical Skills”:
   The trainee has the opportunity to practise different domains of psychiatry during his/her education. The trainee develops during his training program specific knowledge and skills and applies these during his/her practice.

   The following procedural skills will be offered (if applicable)
   A. an overview of ADVANCED knowledge of psychiatry
   B. Overview of ADVANCED skills in psychiatry

   Topics:
   Mental health care (organisation,...)
   Psychiatric and psychological assessment
   Psychopharmacotherapy
   Depressive and bipolar disorders
   Psychiatric aethiology
   Schizophrenia spectrum and other psychotic disorders
   Anxiety disorders and Obsessive-compulsive disorders
   Substance-related and addictive disorders
   Eating disorders
   Sexual dysfunctions and Gender Dysphoria
   Suicide
   Somatic symptom and related disorders
   Systemic psychotherapy
   Cognitive behavioural therapy
   Client-centered en experiential psychotherapy
   Psychodynamic psychotherapy
   Consultation and liaisonpsychiatry
   Personality disorders
   Old age psychiatry
   Neurocognitive disorders
   Child and adolescent psychiatry
   Forensic psychiatry
   Disruptive, impuls-control and conduct disorders
   Sleep-wake disorders
   Ethics and deontology (patient rights, euthanasia, compulsory admission,...)
   Insurance medicine
   Transcultural psychiatry
   neurobiology ( genetics, imaging, neurophysiology,...)
   PTSD and stress related disorders
   Emergency psychiatry
   psychiatry and law


   Having successfully completed the course “Problem-solving ability and skills in adult psychiatry, part 1”

   Initial competences

   Final competences
   1 Delivering ethically and economically responsible patient care in more complex situations, diseases/disorders within the specialty.
   2 Applying acquired scientific knowledge and methodology in ever more complex disorders / techniques within the specialty.
3 Working more and more independently.
4 Guiding of beginning trainees.
5 Learning and applying complex technical skills.
6 Working and communicating within a multidisciplinary and interdisciplinary team.
7 Reflecting critically on own knowledge and skills and adjusting if necessary.
8 Organizing and paying attention to the continuity of care for the patient.
9 Functioning as an expert for external advice (for family doctors and specialists) by
   the acquired expertise.
10 Working on the enhancement of patient care within the hospital.
11 Contributing to the improvement of the performance and efficiency of a department.
12 Conducting psychotherapy

Conditions for credit contract
Access to this course unit via a credit contract is determined after successful competences
assessment

Conditions for exam contract
This course unit cannot be taken via an exam contract

Teaching methods
Clinic, work placement, seminar, self-reliant study activities

Learning materials and price
Handouts
Oxford Shorter Textbook of Psychiatry

References
Scientific journals

Course content-related study coaching
Consultation of lecturer (appointment or via email)

Evaluation methods
end-of-term evaluation and continuous assessment

Examination methods in case of periodic evaluation during the first examination period
Oral examination, portfolio

Examination methods in case of periodic evaluation during the second examination period
Oral examination, portfolio

Examination methods in case of permanent evaluation
Portfolio, job performance assessment

Possibilities of retake in case of permanent evaluation
examination during the second examination period is possible

Extra information on the examination methods
The continuous evaluation includes: evaluation of the residency using evaluation forms,
planning, performance, evaluation reports and a certificate of e-learning module about
CBRNe followed on
If a trainee does not have the required number of evaluation forms, planning,
performance and evaluation reports, the trainee can not be evaluated for this course.
The periodic evaluation consists of a final formal clinical evaluation.

Calculation of the examination mark
The final evaluation takes place at the end of the training.
A pass / fail result is given.

(Approved)