

Marital and Family Therapy (H001398)

Course size (nominal values; actual values may depend on programme)
 Credits 7.0 Study time 210 h Contact hrs 52.5 h

Course offerings and teaching methods in academic year 2018-2019

Offering	Language	Teaching Method	Hours
A (semester 2)	Dutch	seminar	2.5 h
		guided self-study	10.0 h
		lecture: plenary exercises	1.25 h
		lecture	12.5 h
		demonstration	5.0 h
		practicum	20.0 h

Lecturers in academic year 2018-2019

Buysse, Ann	PP05	lecturer-in-charge
Verhofstadt, Lesley	PP05	co-lecturer

Offered in the following programmes in 2018-2019

Programme	crdts	offering
Master of Science in Psychology (main subject Clinical Psychology)	7	A
Master of Science in Psychology (main subject Teacher Education and Training)	7	A

Teaching languages

Dutch

Keywords

interpersonal psychotherapy, individuals, couples, families, psychopathology, relational and family problems

Position of the course

Building on the course Interpersonal Models in Psychology in the bachelor, Relation and Family Therapy is an in-depth master course (specialization Clinical Psychology). The course is situated in Block 4 Intervention and focuses on the development of the necessary skills and intervention methods within the field of relationship and family therapy.

Contents

In this course the following topics are discussed:

- overview of the main therapeutic directions within the marital and family therapy, their basic theoretical concepts and hypotheses for the treatment of relational pathology (including dissatisfaction, abuse, jealousy, attachment problems, parental problems) and individual pathology (including depression, anxiety disorders, schizophrenia, addictions, eating disorders and behavioural problems);
- overview of the main findings from fundamental research and their implications for relational diagnoses and marital and family therapy;
- the use of therapy goals, decisions for therapy unit, length, and frequency, indications and contra-indications for several techniques used within the marital and family therapy;
- overview of the main findings from therapy research and their implications for therapy;
- analyses of the process of the first sessions within marital and family therapy: from the first session to the formulation of therapy goals;
- analyses of the content of the first sessions within marital and family therapy, including diagnostic and assessment measures, questions, and (initial) hypotheses;
- specific features of process and content of the first sessions according to the

- pathology, unit (couple, family, individual), age and setting;
- the therapeutic relationship, including managing time and tempo, managing to talk with more than one person, motivation, expectations, drop-out, ...

Initial competences

Relatie- en gezinsstudies, Klinische psychologie

Final competences

- 1 Listen to and analyse professionally relevant questions in a scientifically sound manner based on an overview of different schools and hypotheses within Family Therapy
- 2 To be oriented towards seeking out and implementing empirically supported psychological assessment and intervention methods within Family Therapy
- 3 To be proficient in consultation in a clinical-psychological context with children and adults and with individuals, couples and families within the context of Family Therapy
- 4 Understanding of the theoretical foundations and the empirical underpinnings of clinical psychological intervention focusing on interpersonal dimensions

Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Guided self-study, demonstration, lecture, practicum, seminar, lecture: plenary exercises

Extra information on the teaching methods

* Lectures illustrated with case studies. * Exercising practices through group discussion, video, role playing and specific exercises in small groups.

Learning materials and price

- Syllabus.
 - Capita selecta.
- Cost: 40 EUR

References

- Carr (2012). Family Therapy: Concepts, Process and Practice
- Crowe, M., & Ridley, J. (1990). Therapy with couples: a behavioural-systems approach to marital and sexual problems. Oxford: Blackwell scientific publications.
- Lemmens, G.M.D., Eisler, I., Buysse, A., Heene, E., & Demyttenaere, K. (in press). The effects on mood of adjunctive single family and multi-family group therapy in the treatment of hospitalized patients with major depression: A 15 months follow-up study. Psychotherapy and Psychosomatics.
- Rober, P., Elliott, R., Buysse, A., Loots, G. & De Corte, K. (in press). Positioning in the therapist's inner conversation: A dialogical model based on a grounded theory analysis of therapist reflections. Journal of Marital and Family Therapy
- Halford, W.K., Markamn, H.J. (1997). Clinical handbook of marriage and couples intervention. NY: Wiley & sons.
- Videocasus 'Mad or bad' met Paul Watzlavick, 1997, 55th annual conference AAMFT (American Association for Marital and Family Therapy).
- Videocasus 'What to call it' met Luigi Boscolo en Gianfranco Cecchin, 1997, 55th Annual conference AAMFT (American Association for Marital and Family Therapy).
- Videocasus 'unfolding the laundry' met Salvador Minuchin, 1997, 55th Annual Conference AAMFT (American Association for Marital and Family Therapy).
- DVD: Narrative Therapy with a Young Boys: Hannah is in My Heart Now". An interview with David Epston (70'). Learning Opportunities from Masters Work Productions. A historic series of videotapes and DEVDs demonstrenten the contemporary ideas and methods in liniaal work with couples, families and individuals. Andrews & Clark Explorations, INC. www.masterswork.com
- Videocasus. The legacy of unresolved loss: A family systems approach. Monica McGoldrick, Ph.D. Assessment & Treatment of Psychological Disorders: A video series.
- Videocasus 'De depressie vrouw'. In Therapie (1988, KRO).
- Videocasus 'The Family Game' gemaakt in het Institute of Psychiatry, Kings College, London.
- Videocasus van het Nederlands centrum Geestelijke volksgezondheid (NcGc): Film- en videotheek : Sander De Haan: Systeemtheoretische Psychotherapie (87').
- Videocasus van het Nederlands centrum Geestelijke volksgezondheid (NcGc): Film- en videotheek : Mijn man heeft hoofdpijn - deel I (45') en deel II (28').

Course content-related study coaching

Support via Minerva
By appointment.

Evaluation methods

end-of-term evaluation and continuous assessment

Examination methods in case of periodic evaluation during the first examination period

Written examination with open questions, open book examination, participation, assignment

Examination methods in case of periodic evaluation during the second examination period

Examination methods in case of permanent evaluation

Participation, assignment

Possibilities of retake in case of permanent evaluation

examination during the second examination period is not possible

Extra information on the examination methods

Elaboration of a case.

Calculation of the examination mark

A combination of periodic (7/10) and permanent (3/10) evaluation. Participation in all parts of the evaluation is compulsory.

In order to pass the course students have to obtain a final score of at least 10/20 and have to obtain at least the equivalent of 8/20 on all parts of the evaluation. In that case, final scores of 10/20 and above will be reduced to the highest fail quotation (9/20).

Students will not be deliberated if they obtain an equivalent of 8/20 on at least one part of the evaluation. In that case final scores of 8/20 and above will be reduced to the highest non-deliberative quotation (7/20).