

Psychiatric and Mental Health Care Nursing (D012296)

Course size (nominal values; actual values may depend on programme)

Credits	3.0	Study time	75 h	Contact hrs	18.0 h
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Course offerings in academic year 2018-2019

A (semester 1)	Dutch
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Lecturers in academic year 2018-2019

Deproost, Eddy	GE12	lecturer-in-charge
Verhaeghe, Sofie	GE12	co-lecturer

Offered in the following programmes in 2018-2019

Master of Science in Nursing and Midwifery	crdts	offering
	3	A

Teaching languages

Dutch

Keywords

Psychiatric nursing, mental healthcare, psychiatry, psychotherapy, recovery, mental health nursing theories and approaches

Position of the course

In the interdisciplinary collaboration in mental healthcare, the nurse is an essential and professional partner. The mental health nurse offers a complementary contribution to the care, treatment and recovery of patients with a psychological and/or mental problem or vulnerability. Internationally, there is an increase in professionalization and scientification of mental health nursing. In this course, the foundation of the psychiatry and mental health nursing are provided. The basic assumption is relation-based mental health nursing. The focus is on the individual care context, care setting and society. In this course internationalization is formalized through the frequent use and integration of international scientific publications.

Contents

- Psychological suffering and psychiatric problems in the course of life from a biomedical psychological/psychotherapeutical, cultural-societal, ethical and emotion-oriented nursing perspective.
- History of psychiatry and mental health nursing
- Psychiatric and mental health nursing: a mental health profession with an own identity and societal value.
 - *Function, role and nursing outcomes
 - *Traditional clinical nurse specialist with a (psycho)therapeutical role
 - *Mental health organisation and setting: opportunities/treats for mental health nursing and a reflection on the future
- Debates within psychiatry and mental health nursing
- Emotion-oriented care interpersonal, recovery-oriented bases of the current mental health nurses, strength-bases approach
- Clinical reasoning within mental health nursing
- Situating clinical interventions within a coherent model: individual - group - environment - family and context.
 - *The nurse-patient relationship and recovery-oriented and therapeutical communication and interaction
 - *"Psychotherapy for the advanced practice psychiatric nurse" (Wheeler)
 - *Rehabilitation and recovery-oriented working
 - *Symptom- and illness management, medication management
 - *Clinical safety management in care of risks
 - *Crisis intervention
 - *Care for physical health and healthy lifestyle

- *Mental health prevention, early detection- and intervention
- *Care coordination/case management; collaborative care
- *Coaching of the personal recovery(plan) with self-management
- Application of diverse (semi)residential and community-oriented setting and application with diverse psychiatric problems and disorders.

Initial competences

This course builds on the final competences of the Bachelor in Nursing.
 This course builds on certain final competences of the course 'Development and Vision and Basic Concepts in Nursing and Midwifery'
 Mastering the English language

Final competences

- 1 The student develops an own vision on the meaning of psychiatric nursing and argues on this in light of the current practice- and research developments.
- 2 The student uses current scientific literature for vision development and the nursing approach in psychiatric problems and disorders.
- 3 The student describes the psychological suffering and psychiatric problems in the course of life from a biomedical psychological/psychotherapeutical, cultural-societal, ethical and emotion-oriented nursing perspective.
- 4 The student describes the preventive and curative role and the professional responsibility of the master nurse in mental health. The student reflects critically on the future of psychiatry and mental health nursing.
- 5 The student argues the nurse-patient relationship as foundation in the nursing care.
- 6 The student reflects clinically in diverse mental health contexts. The student reflects critically on the recovery-oriented and therapeutical interaction and communication and on relevant topics: psychotherapy, Symptom- and illness management, medication management, clinical safety management in care of risks, crisis intervention, care for physical health and healthy lifestyle, mental health prevention, early detection- and intervention, care coordination/case management and collaborative care, ad coaching of the personal recovery(plan) with self-management

Conditions for credit contract

Access to this course unit via a credit contract is determined after successful competences assessment

Conditions for exam contract

This course unit cannot be taken via an exam contract

Teaching methods

Lecture, seminar, lecture: response lecture

Extra information on the teaching methods

Lecture with possibility to ask questions
 Seminars focused on prepared content discussions. Working with cases and reading of literature.

Learning materials and price

Presentations and relevant literature on Minerv.
 Handboek Norman, I., Ryrie, I. (2013). The art and science of mental health nursing. Principles and practice. Maidenhead, McGraw-Hill. (+/- 30 euro)

References

Baart, A. & Grypdonck, M. (2008). Verpleegkunde en presentie. Boom, Den Haag.
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 Corrigan, P.W., Mueser, K.T., Bond, G.R., Drake, R.A. & Solomon, P. (2008). Principles and practice of psychiatric rehabilitation. An empirical approach. New York. NY: The Guilford Press.
 Cutcliffe, J. R., Ward M. (Eds) (2006). Key debates in psychiatric / mental health nursing. Churchill Livingstone, Elsevier.
 Morrissey, J. , Callaghan, P. (2011) Communication Skills for Mental Health Nurses: An Introduction, McGraw Hill.
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 Korevaar L. & Dröes J. (Eds). (2008). Handboek Rehabilitatie voor zorg en welzijn. Bussum, Nederland: uitgeverij Coutinho.
 Peplau, H.E. (1988). Interpersonal Relations in Nursing. London, The Macmillan press.
 O'Toole, A., & Rouslin Welt, S. (1994). Hildegard E. Peplau, selected works: Interpersonal theory in Nursing. Hampshire: Palgrave Macmillan.
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University Press. Repper, J., Perkins, R. (2003). Social inclusion and recovery. A model for mental health practice. Edinburgh, Baillière Tindall. Royal College of Nursing (2003). Defining nursing. Available via http://www.rcn.org.uk/_data/assets/pdf_file/0008/78569/001998.pdf Siegel, D.J. (2012). The developing mind. How relationships and the brain interact to shape who we are. New York, The Guilford Press. Sjoerd Colijn, S. Sniijders,H., Thunnissen,M. (red.) (2009). Leerboek psychotherapie. Utrecht, De Tijdstroom. Thornicroft, G., Tansella, M. (2008). Better Mental Health Care. Cambridge, Cambridge University Press. Tusaie, K, Fitzpatrick, J. (2012). Advanced Practice Psychiatric Nursing: Integrating Psychotherapy, Psychopharmacology, and Complementary and Alternative Approaches,. New York, Springer. Watkins, P. (2001). Mental Health Nursing. The art of compassionate care. Oxford, Butterworth Heinemann. Wheeler, K. (2014). Psychotherapy for the advanced practice psychiatric nurse. A how-to guide for evidence based practice. New York, Springer.

Course content-related study coaching

Questions during lecture

Evaluation methods

end-of-term evaluation

Examination methods in case of periodic evaluation during the first examination period

Written examination with open questions, oral examination

Examination methods in case of periodic evaluation during the second examination period

Written examination with open questions, oral examination

Examination methods in case of permanent evaluation

Possibilities of retake in case of permanent evaluation

not applicable

Extra information on the examination methods

Written exam with open questions and oral clarification.

Calculation of the examination mark

Written exam: 80%

Oral exam: 20%